# REVIEW

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# The duality of amyloid-β: its role in normal and Alzheimer's disease states



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# Abstract

Alzheimer's disease (AD) is a degenerative neurological condition that gradually impairs cognitive abilities, disrupts memory retention, and impedes daily functioning by impacting the cells of the brain. A key characteristic of AD is the accumulation of amyloid-beta (A $\beta$ ) plaques, which play pivotal roles in disease progression. These plaques initiate a cascade of events including neuroinflammation, synaptic dysfunction, tau pathology, oxidative stress, impaired protein clearance, mitochondrial dysfunction, and disrupted calcium homeostasis. A $\beta$  accumulation is also closely associated with other hallmark features of AD, underscoring its significance. A $\beta$  is generated through cleavage of the amyloid precursor protein (APP) and plays a dual role depending on its processing pathway. The non-amyloidogenic pathway reduces A $\beta$  production and has neuroprotective and anti-inflammatory effects, whereas the amyloidogenic pathway leads to the production of A $\beta$  peptides, including A $\beta$ 40 and A $\beta$ 42, which contribute to neurodegeneration and toxic effects in AD. Understanding the multifaceted role of A $\beta$ , particularly in AD, is crucial for developing effective therapeutic strategies that target A $\beta$  metabolism, aggregation, and clearance with the aim of mitigating the detrimental consequences of the disease. This review aims to explore the mechanisms and functions of A $\beta$  under normal and abnormal conditions, particularly in AD, by examining both its beneficial and detrimental effects.

**Keywords** Alzheimer's disease, Beta amyloid, Cognitive decline, Neuroprotection, Neurotoxicity, Neuroinflammation, Long-term potentiation

# Introduction

Alzheimer's disease (AD) is a multifaceted neurological condition that involves the progressive degeneration of brain cells, resulting in cognitive decline, memory loss, and ultimately dementia [1]. As the leading cause of dementia, it accounts for roughly 60–70% of all dementia cases [2]. The disease typically progresses through stages, starting with mild memory lapses and leading to severe impairments in thinking, behavior, and the ability to carry out daily activities [3].

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Of the various defining characteristics of AD, the accumulation of A $\beta$  is regarded as a crucial pathological feature [14]. It is believed to occur early in the disease process and plays a pivotal role in the progression of AD [15]. Furthermore, A $\beta$  accumulation has been observed to be associated with other hallmark features [16–20],



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underscoring its significance and the need to pay attention to its role in AD. The formation of A $\beta$  plaques begins with the production of A $\beta$  peptides through the sequential cleavage of the amyloid precursor protein (APP), a transmembrane protein found in many cells, including neurons [21].

A $\beta$  exhibits a dual role contingent on the situation and the two processing pathways it undergoes: the nonamyloidogenic and amyloidogenic pathways. The nonamyloidogenic pathway diminishes the production and aggregation of A $\beta$  peptides, imparting neuroprotection, fostering synaptic plasticity, and exerting anti-inflammatory effects [22, 23]. However, excessive emphasis on this pathway may disrupt the equilibrium of APP metabolism, resulting in accumulation of other fragments. Notably, the amyloidogenic pathway yields A $\beta$  peptides, including A $\beta$ 40 and A $\beta$ 42, and the accumulation and aggregation of A $\beta$  is closely linked to AD, provoking neurodegeneration and engendering toxic effects [24–27].

Understanding the multifaceted role of  $A\beta$  in different conditions, particularly AD, is of utmost importance. This understanding can help scientists develop effective therapeutic strategies that target  $A\beta$  metabolism, hinder aggregation, boost clearance mechanisms, and alleviate the detrimental consequences of AD. The objective of this study was to investigate the mechanisms and roles of  $A\beta$  in diverse conditions, with a specific emphasis on AD, by examining its positive and negative effects.

# Aß production: physiological and pathological

A $\beta$ , a small protein consisting of 39–43 amino acids, exists in different biophysical forms and can be generated by various cell types, including neurons, astrocytes, neuroblastoma cells, hepatoma cells, fibroblasts, and platelets [28–30]. Its presence in different species and cell types suggests that it plays a significant role in normal cell development and maintenance [31]. Among the cell types mentioned, neurons and smooth muscle cells demonstrate the highest levels of A $\beta$  expression [32]. While the exact functions of A $\beta$  in cell development and maintenance are not elaborated upon in the provided information, its widespread production and heightened expression in specific cell types imply its importance in cellular processes and homeostasis [33].

The production of  $A\beta$  involves the enzymatic cleavage of APP; this cleavage can occur through two distinct pathways: The amyloidogenic pathway and the nonamyloidogenic pathway. In the amyloidogenic pathway,  $A\beta$  plaques are generated, while the non-amyloidogenic pathway does not produce  $A\beta$  plaques [24] (Fig. 1).

The non-amyloidogenic pathway serves as a natural mechanism to inhibit the production of A $\beta$ . In this pathway,  $\alpha$ -secretase recognizes APP within the A $\beta$  domain, leading to the generation of soluble  $\alpha$ -APP fragments (sAPP $\alpha$ ) and C-terminal fragment  $\alpha$  (CTF $\alpha$ , or C83). Subsequently, C83 is cleaved by  $\gamma$ -secretase, resulting in the formation of non-toxic P3 fragments and



**Fig. 1** The non-amyloidogenic pathway plays a role in prevents the generation of  $A\beta$  by cleaving APP at  $\alpha$ -secretase. In contrast, the amyloidogenic pathway involves  $\beta$ -secretase and  $\gamma$ -secretase, which are responsible for APP processing and contribute to the production of  $A\beta$ . Maintaining a balance between these pathways is important for the regulation of  $A\beta$  generation and its potential role in AD

APP intracellular domain (AICD) fragments. This intricate process helps maintain a healthy equilibrium in APP processing [34, 35]. Two enzymes, ADAM10 and ADAM17 (also known as TACE), have been identified as  $\alpha$ -secretases. ADAM10 is a member of the ADAM (a disintegrin and metalloproteinase) family, while ADAM17 is also known as a tumor necrosis factor-converting enzyme (TACE) [36]. These enzymes are capable of cleaving APP at the  $\alpha$ -secretase cleavage site, thereby promoting the non-amyloidogenic pathway. In addition to ADAM10 and ADAM17, other proteases, such as ADAM9, ADAM12, ADAM19, and MDC9 have also been implicated in  $\alpha$ -secretase activity [35].

In contrast, the amyloidogenic pathway entails a series of steps involving  $\beta$ -secretase and  $\gamma$ -secretase. Initially,  $\beta$ -secretase cleaves APP, resulting in the production of soluble  $\beta$ -APP fragments (sAPP $\beta$ ) and C-terminal  $\beta$  fragments (CTF $\beta$ , or C99). Subsequently,  $\gamma$ -secretase cleaves C99, leading to the generation of AICD and A $\beta$  [37]. The C99 fragment, generated by  $\beta$ -secretase, undergoes cleavage by  $\gamma$ -secretase within the cell membrane. This enzymatic process results in the release of the A $\beta$  peptide, specifically the fragments A $\beta$ 40 and A $\beta$ 42 [38].

Most importantly, the accumulation of A $\beta$  in AD can activate kinases such as GSK-3 $\beta$ , CDK5, and MAPKs, leading to abnormal phosphorylation of tau protein and its subsequent aggregation into NFTs. Additionally, disruption of phosphatases, enzymes that remove phosphate groups, can further contribute to tau hyperphosphorylation. The interaction between the amyloidogenic pathway and tau protein highlights the complex interplay between A $\beta$  and tau pathology in AD, emphasizing the need for comprehensive therapeutic strategies targeting both aspects of the disease [39–41].

Notably, there is an imbalance between the activities of  $\alpha$ -secretase and  $\beta$ -secretase in AD.  $\beta$ -Secretase activity increases, leading to enhanced cleavage of APP in the amyloidogenic pathway. As a consequence, there is an increased production of A $\beta$ , particularly the more proneto-aggregate A $\beta$ 42 fragment. The identification and cloning of the enzyme responsible for  $\beta$ -secretase cleavage resulted in the discovery of the beta-Site APP Cleaving enzyme (BACE). BACE is a membrane-bound aspartyl protease that initiates the amyloidogenic pathway by cleaving APP at the  $\beta$ -secretase site. The heightened activity of  $\beta$ -secretase, coupled with the aggregationprone nature of A $\beta$ 42, leads to the accumulation of A $\beta$ peptides, which subsequently aggregate to form amyloid plaques in the brain [42] (Fig. 2).

Notably,  $A\beta40$  is more abundant than  $A\beta42$  [43–45], yet in the formation of amyloid plaques,  $A\beta42$  is the main component [46–49].  $A\beta$  plaques trigger a series of downstream events that contribute to neurodegeneration in AD. The most important of these include

neuroinflammation, synaptic dysfunction, tau pathology, oxidative stress, impaired protein clearance, mitochondrial dysfunction, and disruption of calcium homeostasis [50–52]. These interconnected processes further exacerbate neuronal damage, leading to the cognitive impairment and progressive decline observed in AD [53].

# Positive effects of the AB

The potential protective effects of  $A\beta$  in brain cells have received limited attention and have often been disregarded. Nonetheless, emerging evidence indicates that under specific circumstances,  $A\beta$  may display protective, trophic, or antioxidative physiological effects [54, 55]. This suggests that the physiological role of  $A\beta$  in the nervous system may be altered under certain conditions, potentially leading to toxic pathological effects that will be discussed in the ensuing headings of this article.

#### Aß as an antioxidant

 $A\beta$  is a peptide containing two crucial sites responsible for its redox function. The first site plays a significant role in binding transition metals, effectively reducing their participation in oxidative damage. The second site, located in the lipophilic portion at the C-terminus of the peptide, acts as a trap for free radicals and participates in metal reduction, thereby exerting antioxidative and pro-oxidative effects. Aß demonstrates a higher affinity for copper (Cu) than for iron (Fe) when it comes to metal binding, and its binding capacity matches that of chelating agents such as EDTA. The slow reduction of transition metals by  $A\beta$  suggests that it functions as an endogenous scavenger, gradually neutralizing these metals [54]. Cell studies have confirmed the protective and antioxidative effects of  $A\beta$ , reducing apoptotic death in neuronal cultures and decreasing lipoprotein oxidation in cerebrospinal fluid and blood plasma, possibly due to its chelating ability over metals, particularly Cu [55–57].

In the context of AD, cerebrospinal fluid (CSF) possesses a property that helps protect against oxidative damage, which is crucial in the development of the disease [58]. This property is closely associated with the level of A $\beta$ 1–42, a specific form of A $\beta$  protein, in the CSF. A $\beta$ 1–42 have a higher affinity for binding to metals, enabling it to chelate or bind to metals effectively. This metal-chelating ability is believed to contribute to its superior antioxidative role in the CSF by preventing oxidative damage caused by metals. The antioxidative aspects of CSF correlate more strongly with A<sub>β1-42</sub> levels than with ascorbate levels, which is an important antioxidant in the CSF [59]. Overall, these findings suggest that  $A\beta 1-42$  and its metal-chelating function play a significant role in the ability of the CSF to protect against oxidative damage, potentially impacting the progression of AD.



**Fig. 2** Two pathways delineate the fate of APP: the physiological route, where alpha-secretase cleaves APP to yield neuroprotective sAPP $\alpha$  and the benign C83 fragment, promoting neuronal health; and the pathophysiological cascade involving  $\beta$ -secretase and  $\gamma$ -secretase, producing toxic C99 ( $\beta$ -CTF) and subsequent A $\beta$  peptides, notably A $\beta$ 42, leading to oligomerization, plaque formation, synaptic dysfunction, and neuronal damage. The former pathway emphasizes beneficial effects on neuronal function and signaling, whereas the latter links A $\beta$  aggregates to neurotoxicity, oxidative stress, and inflammation, hallmarking AD progression

Notably, cells overexpressing A $\beta$  exhibited lower ROS production and reduced susceptibility to metal damage. In cortical neuron cultures, inhibiting  $\beta$ - and  $\gamma$ -secretases or aggregating A $\beta$  antibodies reduces cell viability; however, this effect is completely reversed by adding A $\beta$ 1–40 [60]. In a relevant study involving neural stem cells (NSCs), it was found that oligomers of A $\beta$ 1–42, at a concentration of 1  $\mu$ M, promoted the survival and

differentiation of striatal and hippocampal NSCs. Notably, this beneficial effect was not observed when A $\beta$ 1–40 or A $\beta$ 25–35 was administered, nor with the fibrillar forms of these peptides [61]. In initial in vivo studies conducted in rats, the implantation of A $\beta$  in the hippocampus did not result in any observed neurotoxic effects from a morphological standpoint [62]. Furthermore, subsequent studies investigating the long-term administration of different A $\beta$  peptides (1–40, 1–38, 25–35) at various doses (ranging from 5 ng to 10 µg) in the cortex and hippocampus of adult rats did not reveal any discernible toxic effects when compared to the control group [63].

Interestingly, the direct administration of low concentrations of  $A\beta$  into the brains of young animals, including monkeys and rodents, has not been observed to cause neuronal damage. However, in older animals, AB can impact neurons. The underlying reasons for this age-dependent disparity are not yet well comprehended, although it is speculated that higher levels of free metals in the brains of older animals or a decline in natural antioxidative defenses associated with aging may contribute to this phenomenon. Intriguingly,  $A\beta$  may exhibit antioxidant properties [64]. In experimental models of mitochondrial dysfunction caused by inhibitors of mitochondrial complexes I and III, such as rotenone and antimycin, there was a notable rise in oxidative stress and a significant increase in  $A\beta$  production. Importantly, the use of antioxidants has been shown to reverse this heightened A $\beta$  production, highlighting their potential in mitigating the effects of mitochondrial dysfunction on A $\beta$  accumulation [65]. Prior research has primarily emphasized the antioxidant properties of nonfibrillar A $\beta$ . Nonetheless, a recent study put forth the notion that even in its aggregated form, within the concentration range of 2 to 20  $\mu$ M, A $\beta$  can diminish the generation of hydroxyl radicals and hydrogen peroxide in synthetic nonbiological systems. Furthermore, it has the potential to safeguard proteins and lipids against oxidation in isolated mitochondria obtained from rat brains [66].

As shown above, some studies suggest that  $A\beta$ 's primary physiological function is as an endogenous antioxidant, causing increased production in normal aging. This leads to oxidative stress, resulting in a chronic redox imbalance in AD, where overproduction becomes toxic.

# Aβ as a neuroprotector

In a study conducted by Giuffrida et al., synthetic  $\mbox{A}\beta$ 1-42 monomers exhibited neuroprotective effects in neuronal culture. When administered at a concentration of 0.1  $\mu$ M, these monomers prevented cell death induced by the deprivation of trophic factors such as insulin. Additionally, at concentrations ranging from 30 to 100 nM, they provided protection against the excitotoxic effects induced by NMDA, both before and after the excitotoxic stimulus. Notably, this protective effect is associated with activation of the phosphatidylinositol 3-kinase (PI-3 K) pathway. Interestingly, when A $\beta$  1–42 monomers with the Arctic (E22G) mutation were used, no neuroprotective effects were observed. This suggests that the altered peptide conformation resulting from this mutation significantly affects the ability of  $A\beta$  to exert its protective effects [67]. Another study provided further confirmation that nonfibrillar A $\beta$  1–42, at concentrations of up to 1  $\mu$ M, has the ability to decrease cell death and inhibit the entry of intracellular calcium triggered by NMDA receptor activation. However, this protective effect was not observed when AMPA receptor activation was induced. These findings suggest that the neuroprotective properties of nonfibrillar A $\beta$  1–42 are specific to NMDA receptor-mediated processes and may not extend to AMPA receptor-mediated mechanisms [68].

Interestingly, in a study, brain slice cultures from a mouse model of AD were treated with N-terminal AB fragments (N-ABcore) to investigate their effects on astrogliosis, microgliosis, and synaptic alterations. The researchers also examined the impact of N-terminal Aß fragments on neuron/glial cultures and a microglial cell line exposed to pathological concentrations of Aβ. The results demonstrated that N-terminal Aβ fragments had several beneficial effects, including mitigating Aβ-induced astrogliosis and microgliosis, protecting against oxidative stress, mitochondrial dysfunction, and apoptosis in astrocytes and microglia, reducing the expression and release of proinflammatory mediators in activated microglial cells, and rescuing Aβ-induced synaptic loss. These findings emphasize the protective role of N-terminal A<sup>β</sup> fragments in alleviating neuroinflammation and synaptic damage associated with the development of AD [69].

# Aβ as a memory consolidator

In initial electrophysiological studies performed on hippocampal slices, it was observed that  $A\beta$  at concentrations in the nanomolar range (100-200 nM) facilitated long-term potentiation (LTP) and increased synaptic currents mediated by NMDA receptors (NMDAr), but had no impact on currents mediated by AMPA receptors (AMPAr) [70, 71]. Subsequent investigations using hippocampal slices revealed that administration of  $A\beta$ 1-40 at a concentration of 83 nM restored the impaired ability to generate LTP resulting from prolonged incubation of the slices. Notably, this restorative effect was reversed when the cholesterol synthesis was inhibited. These findings led the authors to propose that A $\beta$  1–40 may enhance the dynamics and availability of membrane cholesterol, thereby contributing to its facilitatory effects on synaptic plasticity [72].

Accordingly,  $A\beta$  modulates these glutamatergic receptors, facilitating LTP and contextual fear memories, while high picomolar concentrations disrupt glutamate clearance, resulting in aberrant activation of NMDA receptors and synaptic dysfunction, underscoring the intricate nature of  $A\beta$ 's impact on glutamatergic signaling [73].

Another study confirmed that applying low concentrations of A $\beta$  1–42 (200 pM) to hippocampal slices enhances LTP, which is associated with improved

reference memory and context fear memory in vivo [74, 75]. The study also found that the positive effect of A $\beta$  on synaptic plasticity may be mediated by  $\alpha$ 7 receptors, as the administration of  $\alpha$ 7-nicotinic antagonists suppresses LTP [74]. In an in vivo study conducted on rats, it was demonstrated that sequestering endogenous A $\beta$  using a monoclonal antibody against the A $\beta$  ectodomain had a significant impact on the retention of short- and longterm memory in an inhibitory avoidance task. The antibody was infused into the hippocampus prior to training. Interestingly, this effect was not observed when the antibody was administered after the training sessions. These findings were consistent with the effects observed when mecamylamine, a nicotinic cholinergic receptor antagonist, was administered. Notably, the study also revealed that learning impairment could be reversed by administering exogenous human A $\beta$  1–42 directly into the hippocampus after training. This finding highlights the role of A $\beta$  in memory consolidation [76].

Likewise, in another study, both in vitro and in vivo experiments were conducted to investigate the effects of simultaneous administration of anti-A $\beta$  antibodies and interference RNA on various cognitive measures such as LTP, spatial reference memory, and contextual fear conditioning. The results showed that this combination treatment altered these cognitive functions. However, these effects could be reversed by administering A $\beta$  1–42 at specific concentrations (200–300 pM). Notably, the study also found that the positive effects of A $\beta$  1–42 were absent in mice that lacked the  $\alpha$ 7-nicotinic cholinergic receptor. This suggests that the  $\alpha$ 7-nicotinic cholinergic receptor may be involved in mediating the beneficial effects of A $\beta$  1–42 on cognitive function [75].

Nonetheless, in a dose-response study, the hormetic effect of A $\beta$  1–42 on LTP and spatial memory in the Morris maze was examined. The findings revealed that A $\beta$  1–42 had stimulatory effects within a specific dose range of 2 pM to 2 nM. However, at higher concentrations ranging from 2 to 20  $\mu$ M, negative effects were observed. These results suggest that the effects of A $\beta$  can be ambivalent and dependent on the dose administered. Furthermore, the study highlights that the positive effects of A $\beta$  may be attributed to its direct interaction with the  $\alpha$ 7-cholinergic nicotinic receptors [77].

A $\beta$  has the potential to enhance LTP by increasing the release of acetylcholine, a neurotransmitter involved in learning and memory [78], into the synaptic cleft. Moreover, A $\beta$  may augment synaptic strengthening by increasing the likelihood of depolarization of postsynaptic neurons. Experimental studies administering low concentrations of A $\beta$  into the hippocampus of mice have revealed improved memory retention in two memory tasks [79]. Additionally, these studies demonstrated elevated acetylcholine production specifically in the hippocampus, indicating a potential connection between A $\beta$ , acetylcholine, and memory enhancement [79, 80]. These findings provide valuable insights into the intricate role of A $\beta$  in synaptic function and memory processes, contributing to our understanding of neurodegenerative disorders, such as AD.

At varying concentrations,  $A\beta$  exerts contrasting effects on the  $\alpha$ 7-nicotinic acetylcholine receptors. At picomolar concentrations,  $A\beta$  directly activates these receptors, whereas at nanomolar concentrations, it blocks and deactivates these receptors. Notably, studies have shown that picomolar concentrations of  $A\beta$ 42 enhance LTP and facilitate memory consolidation in mice. Conversely, nanomolar concentrations of  $A\beta$  impair memory functions. The effectiveness of  $A\beta$ -mediated memory enhancement is contingent on the presence of  $\alpha$ 7-nicotinic acetylcholine receptors. These findings emphasize the intricate and concentration-dependent interplay between  $A\beta$ ,  $\alpha$ 7-nicotinic acetylcholine receptors, and memory processes [81–83].

# $A\beta$ as a regulator of blood brain barrier (BBB) and angiogenesis

According to the vascular hypothesis, alterations in the cerebral vasculature system, including disruption of the BBB and angiogenesis, may contribute to the development of AD [84, 85]. However, it has been observed that non-pathological A $\beta$  peptides can regulate angiogenesis [86] and potentially protect against BBB leakages [33, 87, 88]. Research indicates that A $\beta$  peptides may function as a protective seal, preserving the integrity of the BBB and preventing cerebrovascular changes [87, 89].

A study highlighted the potential role of  $A\beta$  in maintaining the integrity of the cerebral vasculature. When  $A\beta$  deposits were cleared through immunotherapy in a mouse model with cerebral amyloid angiopathy, there were instances of cerebral microhemorrhage, suggesting that  $A\beta$  may play a role in preventing vascular leakage [90]. Additionally, in another experiment, non-AD mice were exposed to *Chlamydia pneumoniae*, a bacterium known to disrupt the BBB, which surprisingly led to the deposition of  $A\beta$  in the brain [91, 92]. These findings imply that  $A\beta$  production may be triggered as a protective response when the BBB is disturbed, thus serving as a sealant to counteract the effects of such disruptions. This suggests a potential relationship between  $A\beta$  levels, vascular integrity, and BBB maintenance.

A $\beta$  exerts contrasting effects on angiogenesis in a dosedependent manner. Specifically, at nanomolar concentrations, A $\beta$  promotes endothelial cell proliferation and angiogenesis, whereas at micromolar concentrations, it inhibits proliferation, induces morphological changes, and causes cell death [93, 94]. Notably, A $\beta$  peptides demonstrate functional similarity to fibroblast growth factor-2 and exhibit synergistic activity in enhancing angiogenesis [95, 96]. Furthermore, studies utilizing zebrafish models have revealed that A $\beta$  enhances blood vessel branching, as evidenced by increased branching in response to human monomeric A $\beta$ 42 [93]. Conversely, zebrafish embryos lacking APP exhibit vascular abnormalities, which can be partially restored by A $\beta$  injection [97]. Additionally, the inhibition of  $\beta$ -secretase, an enzyme involved in A $\beta$  production, leads to vascular defects. However, further investigation of the effects of picomolar concentrations of A $\beta$  on angiogenesis would contribute to a more comprehensive understanding of its physiological function [98].

Most importantly,  $A\beta$  peptides exert a dose- and conformation-dependent influence on angiogenesis. Specifically, the oligomeric form of  $A\beta$  peptides displays anti-angiogenic activity, whereas the fibrillar forms lack this effect [99]. The amino acid sequence HHQKLVFF has been identified as the component responsible for this anti-angiogenic activity [100]. Conversely,  $A\beta$ 35– 42, which contains a pro-angiogenic motif, exhibits a pro-angiogenic effect [100, 101]. When incubated with human umbilical vein endothelial cells,  $A\beta$ 35–42 promotes increased formation of endothelial tip cells, further supporting its proangiogenic properties [102].

# AD's pathological features related to Aβ plaques

In AD, abnormalities in APP processing lead to the generation of excess A $\beta$ , a protein fragment derived from APP. This abnormal processing involves enzymes called secretases, with  $\beta$ -secretase cleaving APP to produce sAPP $\beta$  [103] and a longer fragment called C99. Subsequently, C99 is further cleaved by  $\gamma$ -secretase, resulting in the release of A $\beta$  peptides [104], including the more common form, A $\beta$ 40, and the more toxic form, A $\beta$ 42 [105–107].

Notably, the length of AB peptides can vary; AB peptides ranging from 38 to 43 amino acids have been observed, and different forms of  $A\beta$  have varying degrees of amyloidogenicity. For instance, AB1-42 and AB3-40 are considered more amyloidogenic, meaning that they have a higher tendency to form amyloid plaques associated with AD pathology. In contrast, AB1-40 and Aβ1–38 are less amyloidogenic [108, 109]. APP processing and subsequent A $\beta$  production mainly occur within the endosomal compartment and the trans-Golgi network of cells. This suggests that these subcellular localizations are where most  $A\beta$  is generated before being secreted through exocytosis [109]. In addition to extracellular deposition, intracellular accumulation of  $A\beta$  has been observed in both animal models of AD and human patients [108–110]. However, the significance of intracellular AB remains uncertain and is an area of ongoing research.

#### Aβ and proteases

A $\beta$  can undergo cleavage by various proteases, including insulin-degrading enzyme [111], neprilysin [112], BACE1 [113], and cathepsin B (specifically for  $A\beta 1-42$ ) [114]. Insulin-degrading enzyme (IDE), neprilysin, and cathepsin B play roles in rendering A $\beta$  non-amyloidogenic, meaning they help prevent the aggregation and formation of amyloid plaques. The importance of  $A\beta 11-40$ , which is generated by BACE1 cleavage at the  $\beta$ ' site, is still not fully understood. Other modifications to AB can occur as well. For example, the formation of pyroglutamate at the amino-terminal glutamic acid residue leads to the generation of truncated pyroglutamate A $\beta$ 3–40/42, which has a high propensity to form amyloid plaques. Inhibition of the enzyme responsible for pyroglutamate formation has shown promise in reducing amyloidosis and improving cognition in mouse models of AD [115].

# Insulin-degrading enzyme (IDE)

IDE, also known as Insulysin, is a highly conserved zinc metalloprotease that is present in various tissues, including the brain [116]. While its primary function is to degrade insulin, IDE also plays a crucial role in the degradation of other peptides, including A $\beta$ . IDE recognizes A $\beta$  peptides and enzymatically cleaves them at specific sites, resulting in the breakdown of A $\beta$  into smaller fragments, helps prevent the accumulation of A $\beta$  and the subsequent formation of plaques in the brain. The degradation of A $\beta$  by IDE is significant in maintaining the balance between A $\beta$  production and clearance [117, 118].

However, in AD, IDE function may become impaired or overwhelmed as a result of oxidative stress and inflammation. For instance, In AD, chronic inflammation is observed in the brain, and inflammatory molecules can alter IDE expression or activity levels [119]. Proinflammatory cytokines, such as interleukin-1 $\beta$  (IL-1 $\beta$ ) and tumor necrosis factor-alpha (TNF- $\alpha$ ), have been shown to suppress IDE expression and activity, leading to reduced A $\beta$  degradation [120, 121]. Moreover, genetic variations in the IDE gene have also been associated with altered IDE function and an increased risk of AD [122, 123]. Indeed, when IDE is unable to efficiently degrade A $\beta$ , there is an increase in A $\beta$  levels in the brain; the accumulation of  $A\beta$  can promote the formation of amyloid plaques, which can trigger a cascade of events leading to neuroinflammation, neuronal dysfunction, and ultimately, cognitive decline in AD.

# Neprilysin

Neprilysin, which is a type II integral membrane protein belonging to the zinc metalloendopeptidase family, has a large extracellular domain responsible for substrate binding and enzymatic activity [124]. Neprilysin can cleave various peptides, including neuropeptides, hormones, and  $A\beta$  peptides [125].

In AD, neprilysin plays a critical role in the degradation and clearance of A $\beta$  peptides in the brain [126, 127]. To clarify, neprilysin targets A $\beta$  at specific sites, breaking it down into smaller fragments that are more soluble. These smaller fragments can be efficiently cleared from the brain through enzymatic degradation or clearance mechanisms like the BBB [128–131].

# Cathepsin B

Cathepsin B, which is a lysosomal cysteine protease, plays a role in A $\beta$  metabolism and AD. It is primarily found in lysosomes and can cleave A $\beta$ 1–42, a form of A $\beta$  peptide, at specific sites, generating smaller fragments [132].

Cathepsin B, through its cleavage of A $\beta$  peptides, can influence their aggregation and neurotoxicity, with increased activity potentially enhancing A $\beta$  degradation and clearance; however, impaired cathepsin B function or lysosomal dysfunction can compromise A $\beta$  clearance, leading to peptide accumulation and amyloid plaque formation. Factors such as oxidative stress, inflammation, and changes in the lysosomal environment regulate cathepsin B activity, which not only affects A $\beta$  metabolism but also contributes to neurodegeneration by damaging neurons and disrupting lysosomal function [114, 133]. Further research is needed to fully understand cathepsin B's role in A $\beta$  metabolism and its potential as a therapeutic target for AD.

# Aβ sequence alteration

Certain modifications in the A $\beta$  sequence, such as the conversion of aspartate to isoaspartate at residue 23, have been reported to increase A $\beta$  aggregation, potentially contributing to AD pathology [134]. Isoaspartate formation in the A $\beta$  peptide sequence has been attributed to several factors, including oxidative stress, aging, and reduced activity of enzymes involved in protein repair mechanisms. The nonenzymatic conversion of aspartate residues to isoaspartate can lead to altered protein structure, stability, and function. In the case of A $\beta$  peptides, isoaspartate formation promotes the formation of toxic oligomers and fibrils, which are central to the development of amyloid plaques in AD [135, 136].

Isoaspartate-modified A $\beta$  peptides not only contribute to the formation of amyloid plaques but also have detrimental effects on neuronal function. They can impair synaptic plasticity, disrupt calcium homeostasis, induce neuroinflammation, and trigger oxidative stress, all of which are associated with neurodegeneration in AD. Additionally, isoaspartate-modified A $\beta$  peptides have been shown to have a higher resistance to degradation and clearance mechanisms in the brain, leading to their prolonged accumulation [136, 137].

Interestingly, in hereditary cases and animal models of AD, there is typically an increase in the production of  $A\beta$ peptides or an elevated ratio of Aβ42 to Aβ40. This suggests that genetic mutations or experimental factors lead to an overproduction of A $\beta$ , contributing to the development of AD pathology. However, in AD patients, the levels of  $A\beta$  in the CSF do not show an overall increase. Instead, there is a consistent observation of reduced levels of A $\beta$ 42 in the CSF, which serves as a biomarker for AD. This decrease in Aβ42 is likely due to impaired clearance mechanisms, resulting in the accumulation of  $A\beta$ in the brain, particularly in the form of amyloid plaques. The precise mechanisms underlying impaired clearance and the dynamics of A $\beta$  metabolism in AD are still under investigation. Nonetheless, measuring Aβ42 levels in the CSF is an important diagnostic tool for AD, helping to assess disease progression and response to treatments [138].

# Aβ oligomers

In recent years, there has been mounting evidence indicating the significant role of oligomers in AD. Research experiments have demonstrated that oligomers possess toxic properties both in in vivo [139] and in vitro [140]. Furthermore, it has been observed that the learning and memory impairments caused by oligomers can be alleviated by promoting the formation of fibrils [141].

Earlier investigations utilizing the FAD APP Indiana mutation have revealed that the neurotoxic effects induced by A $\beta$  do not necessarily rely on A $\beta$  accumulation in plaques [142]. Animal models of AD have provided additional support for this notion, as the presence of oligomers in these models was associated with the manifestation of disease symptoms [143]. Moreover, the quantity of oligomers extracted from human AD brain tissue exhibited a stronger correlation with disease symptoms compared to the number of amyloid plaques [144, 145].

A $\beta$  oligomers also exert detrimental effects on the brain, manifesting in synaptic dysfunction, excitotoxicity, and neuronal damage. By interfering with NMDA receptors, particularly NR2A [146] and GluN2B subunits [147],  $A\beta$  oligomers disrupt the delicate balance of calcium, resulting in an excessive influx of this ion into neurons. Consequently, synaptic plasticity and the ability to learn are impaired [148]. Moreover, Aβ oligomers disturb the equilibrium of glutamate, a primary excitatory neurotransmitter, and interact with synaptic proteins, leading to their depletion and compromising the release of neurotransmitters [20, 149]. The exact mechanisms underlying the inhibitory effects of AB oligomers on NMDA-mediated synaptic transmission are still not fully understood [150]. However, a study [151] sought to investigate this phenomenon by using brain extracts

from AD patients and hippocampal slice cultures. The researchers focused on the impact of A $\beta$  oligomers, specifically A $\beta$  dimers, on NMDA receptor function. The study found that A $\beta$  dimers, a specific type of A $\beta$  oligomer, were particularly potent in inhibiting NMDA-mediated synaptic transmission. These dimers had a significant impact on the normal functioning of NMDA receptors, impairing synaptic transmission. Interestingly, higher molecular weight A $\beta$  oligomers and insoluble aggregates were capable of releasing A $\beta$  dimers, suggesting a dynamic relationship between different forms of A $\beta$  in the brain. Additionally, A $\beta$  oligomers disrupt the post-synaptic density, a specialized structure at the postsynaptic membrane, leading to the loss of dendritic spines and synapse loss.

In addition to synaptic dysfunction, A $\beta$  oligomers also induce oxidative stress [152], which inflicts damage upon cellular components and impairs the defense mechanisms against oxidative damage. These oligomers disrupt the homeostasis of ions like calcium and the normal functioning of neurons, resulting in neuronal injury and, ultimately, cell death [153].

Notably,  $A\beta$  monomers undergo a structural change from their soluble form to a beta-sheet-rich conformation, leading to the formation of small soluble oligomers. These oligomers act as seeds and encourage the aggregation of  $A\beta$  peptides into larger insoluble aggregates, such as fibrils. The precise structures and sizes of  $A\beta$  oligomers are still under investigation, but it is believed that small soluble oligomers, such as dimers and trimers, are particularly neurotoxic [154, 155].

Impaired clearance mechanisms, which involve enzymatic degradation and cellular uptake by microglia [156] and other phagocytic cells, contribute to the accumulation of A $\beta$  in the brain [156, 157]. However, A $\beta$  oligomers can hinder the clearance of A $\beta$  aggregates and can interact with microglia and disrupt their ability to effectively clear A $\beta$  [158]. A $\beta$  oligomers interfere with the internalization and degradation of A $\beta$  by binding to microglial receptors, such as RAGE and low-density lipoprotein receptor-related protein 1 (LRP1). This impairs the uptake and clearance of A $\beta$  aggregates by microglia, contributing to their accumulation in the brain [159, 160].

A $\beta$  oligomers exert neurotoxic effects, contributing to neuronal damage and cell death. They interact with neuronal membranes, forming ion channels or pores that disrupt the ionic homeostasis of cells, particularly calcium dysregulation [161]. This excessive influx of calcium triggers downstream signaling pathways associated with oxidative stress, mitochondrial dysfunction, and synaptic impairment. A $\beta$  oligomers also generate ROS, leading to oxidative damage to cellular components, including lipids, proteins, and DNA. The accumulation of oxidative damage further contributes to neuronal dysfunction and cell death [162, 163].

Another mechanism by which  $A\beta$  oligomers contribute to  $A\beta$  accumulation is the impairment of proteostasis.  $A\beta$ oligomers disrupt the delicate balance of protein folding and degradation within neurons. They can interact with molecular chaperones, such as heat shock proteins (HSPs), and interfere with their function. Chaperones play a crucial role in facilitating proper protein folding and preventing protein aggregation.  $A\beta$  oligomers can sequester chaperones, leading to the misfolding and aggregation of  $A\beta$  and other proteins [164–167]. Furthermore,  $A\beta$  oligomers impair the activity of proteolytic systems, such as the ubiquitin-proteasome system and autophagy-lysosomal pathway. This hinders the degradation of misfolded proteins, including  $A\beta$  itself, contributing to their accumulation [168–171] (Fig. 3).

It is important to note that further research is needed to fully elucidate the underlying mechanisms and the precise role of A $\beta$  oligomers in AD pathology. However, these findings provide valuable insights into the potential mechanisms by which A $\beta$  oligomers contribute to neuro-degeneration in AD.

# Aβ toxicity

A $\beta$  toxicity is mediated by multiple mechanisms including oxidative stress, mitochondrial dysfunction, alterations in membrane permeability, inflammation, synaptic dysfunction, and excitotoxicity through interactions with neurotransmitter receptors [172–176].

The pro-oxidant effect of the A $\beta$  peptide has been extensively studied using paramagnetic electron resonance (PER) techniques [177], although the exact mechanism behind this effect is still a subject of debate. A $\beta$ possesses metal-binding sites within its first 15 amino acids, particularly with a high affinity for copper ions (Cu2+), and is known to interact with metallic chelants [56]. The binding of A $\beta$  to Cu2+occurs through the nitrogen atoms in histidine residues' imidazole rings, with oxygen atoms provided by tyrosine 10, glutamic acid 5 (Glu5), or water molecules [178]. These interactions play a role in the pro-oxidant properties of A $\beta$ , contributing to oxidative damage.

The A $\beta$  peptide has been observed to possess the ability to reduce Cu2+and Fe3+ions to their lower oxidation states, namely Cu+and Fe2+respectively. Consequently, molecular oxygen can react with these reduced metals, resulting in the generation of superoxide anions. These anions can then combine with hydrogen atoms to form hydrogen peroxide. Furthermore, hydrogen peroxide may subsequently react with additional reduced metal ions, ultimately leading to the production of hydroxyl radicals through a process known as the Fenton reaction. Additionally, the radical form of A $\beta$  has the capacity to



**Fig. 3** Aβ oligomers have a detrimental impact on various receptors in the brain, including Frizzled receptors, PrPc, NMDA receptors, insulin receptors, and NGF receptors. Their interaction with these receptors leads to tau phosphorylation, activation of GSK-3β, synaptic dysfunction, excitotoxicity, disruption of insulin signaling, impairment of NGF signaling, and ultimately, cell death. These complex interactions contribute to the progression of AD and underscore the importance of understanding and targeting Aβ oligomers to develop effective therapeutic strategies

extract protons from neighboring lipids or proteins. This extraction can lead to the formation of lipid peroxides and carbonyls [178]. Notably, studies have provided evidence supporting the role of metals in A $\beta$ 's toxicity. In these experiments, the removal of metals from the reaction medium or the use of deferoxamine, a metal chelator, effectively reduced the toxicity levels of A $\beta$  in cellular cultures. This suggests that the presence of metals, and their interaction with A $\beta$ , contribute to the harmful effects of A $\beta$  in cellular systems [179, 180].

It has been proposed that the reduction of metals is facilitated by a methionine residue located at position 35, as its sulfide group readily donates electrons [181]. Supporting this hypothesis, copper-bound methionine sulfoxide has been found within the amyloid plaques of AD patients [182]. However, the exact role of this residue remains a topic of discussion, as one study demonstrated the oxidation of neurotransmitters even when AB peptides lacking the Met35 residue were bound to metals. Additionally, external reducers such as dopamine or ascorbate have been suggested to initiate redox cycles of metallic ions without requiring peptide autoxidation [183]. Furthermore, the formation of tyrosyl radicals from the 10th tyrosine residue of  $A\beta$  contributes to the cross-linking of  $A\beta$  molecules, leading to the formation of A $\beta$  oligomers [178, 184].

An additional mechanism related to  $A\beta$ -induced toxicity involves the upregulation of the divalent metal transporter 1 (DMT1). Increased expression of DMT1 has been observed in senile plaques of AD patients, as well as in APP/SS1 transgenic mice and cellular lines that overexpress APP. This upregulation of DMT1 is associated with higher levels of iron in cells exposed to  $A\beta$ . These findings suggest that disturbances in iron homeostasis may contribute to the increased oxidative stress induced by  $A\beta$ . The dysregulation of iron levels and the subsequent generation of reactive oxygen species can further exacerbate the pathological processes associated with AD [185].

The severity of synaptic loss in AD patients has been shown to have a stronger correlation with cognitive impairment rather than the accumulation of A $\beta$  deposits or neurofibrillary tangles [186]. Notably, studies have consistently reported significant reductions in cortical synapses, both in terms of overall numbers and per neuron, in AD patients. Furthermore, there is a notable decrease in the levels of presynaptic markers (such as synaptophysin) and postsynaptic markers (such as synaptopodin and PSD-95) in AD patients compared to healthy individuals [187]. Interestingly, disturbances in synaptic transmission have been observed early in the disease progression, occurring prior to the development of typical neuropathological lesions [188]. A $\beta$  soluble oligomers, rather than fibrillar forms, have been identified as culprits in impairing LTP through various mechanisms, including the reduction of PSD-95 levels and negative regulation of glutamatergic receptors [189]. However, it is important to note that fibrillar forms of Aβ also contribute to synaptic damage in AD. Specifically,  $A\beta$  aggregates have been found to inhibit NMDAr-dependent LTP and promote long-term depression (LTD) in hippocampal neurons, potentially linked to disruptions in glutamate reuptake [190]. Some experiments have provided insights into the damaging effects of AB oligomers on synaptic transmission, although their precise mechanism is still unclear. Notably, when A $\beta$  1–42 was administered intra-axonally in a giant squid's axon, it resulted in alterations in electrophysiological parameters and bidirectional fast axonal transport. However, no observable effect was observed when AB oligomers were administered at the extracellular level [191, 192].

In contrast, an intriguing experimental report has provided evidence that synaptic activity exerts a dual effect on A $\beta$ . Firstly, it reduces the intracellular levels of A $\beta$ , potentially mediated by the action of neprilysin. Secondly, synaptic activity promotes the extracellular secretion of A $\beta$ , leading to a decrease in its synaptic toxicity. These findings strongly support the hypothesis that the primary mechanism of A $\beta$ 's toxicity occurs within the intracellular milieu. Furthermore, recent studies have unveiled the crucial role of Tau protein in mediating the detrimental effects of A $\beta$  on synaptic functionality. Notably, investigations have demonstrated that hippocampal slices obtained from animals lacking Tau protein exhibit remarkable resistance to the harmful impact of A $\beta$  1–42 on LTP [193].

#### Aβ accumulation and BBB

Aβ accumulation is indeed associated with the compromise of the BBB in certain conditions, particularly in AD [194]. For instance, A $\beta$  plaques has been shown to disrupt the BBB, as it induces inflammation and oxidative stress, and it also directly interacts with BBB components; as a result, the BBB becomes compromised, which leads to heightened permeability and the entry of detrimental substances into the brain. Inflammatory mediators, in such condition, contribute to the damage of endothelial cells, thereby disrupting tight junctions (TJs) and persisting BBB permeability [195, 196]. A study provided evidence that different concentrations of betaamyloid (A $\beta$ 1–42), both high and low, can cause changes in TJ proteins, specifically claudin-5, occludin, and zona occludens-1 (ZO-1). These alterations in TJ proteins resulted in increased permeability of the BBB, as demonstrated by an FD-40 penetration assay [197]. This suggests that  $A\beta$  has the ability to disrupt the distribution of TJ proteins, leading to compromised integrity of the BBB [198].

#### Aβ and prion protein (PrP)

An intriguing recent discovery involves the interaction between A $\beta$  and cellular PrP. A study highlighted in the statement revealed that  $A\beta$  oligomers, consisting of approximately 100 molecules, exerted their inhibitory effect on NMDA-mediated synaptic transmission only when they could bind to the cellular form of PrP. In mice lacking PrP, this interaction was absent, and  $A\beta$ peptides did not exhibit inhibitory or toxic effects. Moreover, other interactions between APP or  $A\beta$  with PrP have been described, along with reciprocal modulation of AD or scrapie disease progression in mice. These findings suggest that the interaction between A $\beta$  and PrP plays a significant role in the pathogenesis and progression of AD and related prion diseases. [199]. Notably, cellular PrP has been shown to inhibit BACE1-mediated Aβ production. By inhibiting BACE1, PrP effectively reduces the production of A $\beta$ . This finding suggests that PrP may play a role in regulating A $\beta$  levels and could potentially have implications for the development of therapeutic strategies targeted at reducing A $\beta$  production in AD [200].

# Aβ and glial cells

Research on the relationship between  $A\beta$  and glial cells is expanding to understand if neuroinflammation triggers or sustains AB dyshomeostasis; thus far, most studies in vitro and in murine models have supported neuroinflammation as a key pathogenic event in AD. In the context of AD, there is interaction between different A $\beta$  species and receptors found on microglia and astrocytes, which initiates an innate immune response. The accumulation of  $A\beta$  in the brain triggers a process known as microglial "priming," making them more susceptible to secondary inflammation [201, 202]. Consequently, activated microglia become a characteristic pathological feature of AD. These activated microglia surround A $\beta$  plaques and fibrils, forming a protective barrier and contributing to the clearance of A $\beta$  from the brain [203–205]. However, when microglial activity becomes dysregulated, it can worsen the aggregation of brain proteins, further exacerbating the progression of the AD [205, 206].

The presence of A $\beta$  aggregates, including oligomers, protofibrils, and fibrils, promotes inflammation [207–209]. Microglia express cell surface receptors that enable them to bind to these aggregates, leading to neuroinflammation and neurodegeneration. Neurotrophic factor TGF- $\beta$ 1 plays a crucial role in stimulating A $\beta$  clearance by microglia [210, 211]. On the other hand, TNF- $\alpha$  plays a pro-inflammatory role in AD [208, 211–214]. To clarify, TGF- $\beta$ 1 promotes the clearance of A $\beta$  by microglia, enhancing their phagocytic activity and potentially

reducing A $\beta$  accumulation in the brain. This mechanism may exert a protective effect against the pathological features of AD [215, 216]. Conversely, TNF- $\alpha$ , a pro-inflammatory cytokine, contributes to the immune response and inflammation in AD. Elevated levels of TNF- $\alpha$  in AD brains indicate the presence of a pro-inflammatory environment, leading to chronic inflammation and neuronal damage. The immune response and inflammation in AD involve complex interactions among various factors and cell types [217, 218]. Further investigation is necessary to fully comprehend these processes and explore their potential as therapeutic targets for AD treatment.

During early AD pathogenesis, AB oligomers, protofibrils, and fibrils accumulate in the extracellular space, triggering a pathological cascade [219]. Microglia are responsible for phagocytosing these AB forms and clearing dying cells. The function of microglia, the immune cells of the brain, is modulated by TREM2 (Triggering Receptor Expressed on Myeloid Cells 2). TREM2 plays a role in the response to AB plaques, which are characteristic features of AD. When microglia detect A $\beta$  plaques, TREM2 activation stimulates the production of inflammatory cytokines. Inflammatory cytokines are signaling molecules that can promote an immune response and contribute to inflammation. In the context of AD, the activation of microglia and the release of inflammatory cytokines, facilitated by TREM2, are part of the immune response against Aß plaques. However, excessive or chronic inflammation can have detrimental effects on neuronal health. Therefore, the regulation of microglial function by TREM2 and the balance of inflammatory responses are important areas of study in understanding the underlying mechanisms of AD pathology [210, 220–222]. In addition to microglia, hypertrophic reactive astrocytes can also surround Aß plaques. Upon exposure to AB, these astrocytes release pro-inflammatory molecules, contributing to the inflammatory environment in the brain [213, 223-225].

Astrocytes are integral to the brain's response to  $A\beta$  accumulation in AD, influencing  $A\beta$  dynamics through various cellular mechanisms. These glial cells can both promote and mitigate amyloid pathology, playing a multifaceted role in disease progression [226–228].

Astrocytes contribute to amyloid accumulation primarily through impaired A $\beta$  clearance. They are equipped with enzymes such as neprilysin and IDE that degrade A $\beta$ . However, in AD, the expression and activity of these enzymes are often reduced, leading to less efficient degradation of A $\beta$  and its subsequent accumulation in the extracellular space [229, 230]. Additionally, astrocytes usually uptake A $\beta$  via receptors like LRP1, but this process becomes less effective in AD, further contributing to the build-up of A $\beta$  [231, 232].

Inflammatory responses also play a significant role in promoting amyloid accumulation. Reactive astrocytes, which are characterized by hypertrophy and increased expression of glial fibrillary acidic protein (GFAP) [227], release pro-inflammatory cytokines such as IL-1β, TNF- $\alpha$ , and IL-6. These cytokines sustain a chronic inflammatory environment that disrupts normal AB processing and clearance [233-235]. Reactive astrocytes also produce ROS, which cause oxidative stress and damage neuronal and glial cells, further impairing AB metabolism [236, 237]. Furthermore, astrocytes support amyloid plaque formation through gliosis and scar formation. Indeed, astrocytes surrounding Aβ plaques undergo gliosis, forming a glial scar that isolates these plaques. While this may protect surrounding neurons from the toxic effects of  $A\beta$ , it also creates a barrier that prevents efficient clearance of plaques [238, 239]. Additionally, astrocytes secrete ApoE and other molecules that facilitate  $A\beta$ aggregation, stabilizing the plaques and potentially exacerbating amyloid pathology [240].

The interaction between astrocytes and microglia is pivotal in the context of AB accumulation and neuroinflammation in AD. These interactions, mediated through complex signaling pathways, significantly impact disease progression. Astrocytes and microglia communicate extensively via cytokines and chemokines, modulating each other's activity [241]. Astrocytes release chemokines like CCL2 (MCP-1), which attract microglia to sites of A $\beta$  deposition. Once there, astrocyte-derived cytokines such as IL-1 $\beta$  and TNF- $\alpha$  can activate microglia, inducing a reactive state. Activated microglia, in turn, release their own cytokines, creating a feedback loop that amplifies neuroinflammation. This bidirectional signaling can sustain a chronic inflammatory state that hinders Aß clearance and promotes further amyloid deposition [242 - 244].

### Aβ and nuclear factor-κB (NF-κB)

The NF-κB family, comprising NF-κB1 (p105/p50), NF-ĸB2 (p100/p52), RelA (p65), RelB, and c-Rel, is pivotal in cellular processes, particularly inflammatory responses. NF-KB governs a multitude of genes, many of which are implicated in inflammation. Its activation triggers the transcription of target genes, thereby fostering an inflammatory response. NF-kB activation occurs via two primary pathways: The canonical pathway and the non-canonical pathway. The canonical pathway orchestrates inflammatory responses by sequestering NF-KB in the cytoplasm and subsequently liberating dimers [245]. Conversely, the non-canonical pathway is initiated by TNFR superfamily members, leading to the recruitment and activation of NF-kB-inducing kinase (NIK). Dysregulation of NF-KB signaling is associated with diseases such as chronic inflammation and cancer [246].

In AD, Toll-like receptors (TLRs) are overexpressed on microglia and neurons, resulting in the activation of the NF- $\kappa$ B signaling pathway and subsequent production of proinflammatory factors [247]. Early activation of microglia plays a pivotal role in AD development, contributing to the establishment of chronic inflammation. Therefore, gaining a comprehensive understanding of NF- $\kappa$ B's involvement in AD is essential. Currently, there is ongoing research and development of drugs, including NF- $\kappa$ B inhibitors, aimed at targeting this pathway in the context of AD [248].

In addition, the activation of NF- $\kappa$ B by *bacteroides fragilis* lipopolysaccharide triggers a cascade of events, leading to increased A $\beta$  plaque accumulation and tau hyperphosphorylation. Consequently, this results in the

impairment of oligodendrocytes, causing myelin injury and neurotoxicity [249]. Moreover, NF-κB activation in astrocytes fosters Aβ42 accumulation and the production of pro-inflammatory cytokines, such as IL-1, IL-6, and TNF- $\alpha$ , thereby intensifying neurodegeneration in AD [250]. The intricate involvement of NF-κB signaling in reactive microglia and astrocytes underscores its profound impact on AD progression, highlighting its potential as a promising therapeutic target [251]. (For further information, see [252, 253]) (Fig. 4).

In AD, elevated levels of NF- $\kappa$ B have been also observed in the cerebral cortex, coinciding with increased levels of BACE1. NF- $\kappa$ B, particularly the p65 subunit, binds to the BACE1 promoter, leading to the upregulation of  $\beta$ -secretase expression and the amyloidogenic processing



Fig. 4 Aβ plays a role in triggering the activation of NF-κB, a central regulator of inflammation, through various pathways in neurons and microglia cells, contributing to the development of AD. In microglia cells, one pathway by which Aβ induces NF-κB activation is the Toll-like receptor (TLR) pathway. Aß interacts with TLR2 and TLR4, leading to the recruitment of adaptor proteins like MyD88. This activates downstream signaling molecules, including interleukin-1 receptor-associated kinases (IRAKs). The phosphorylation of IRAKs leads to the activation of the transforming growth factor-beta-activated kinase 1 (TAK1) complex. The TAK1 complex, along with the inhibitor of KB kinase (IKK) complex, phosphorylates and degrades IKB, releasing NF-KB from its inhibitory state. NF-kB then translocates into the nucleus, where it forms a transcriptional complex with coactivators and binds to kB sites in the promoters of proinflammatory genes such as IL-1β and TNF-α, promoting their expression. In neurons, Aβ can activate NF-κB through the T-cell receptor (TCR) pathway. Aß peptides interact with major histocompatibility complex class II (MHC-II) molecules on antigen-presenting cells like microglia. This triggers TCR signaling in T cells, leading to the release of proinflammatory cytokines, including IFN-y. IFN-y binds to its receptors on neurons, initiating Janus kinase (JAK) and signal transducer and activator of transcription (STAT) signaling. The JAK-STAT pathway activates transcription factors, including STAT1 and STAT3, which collaborate with NF-kB to enhance its activity. This collaboration promotes the expression of proinflammatory genes. Furthermore, AB can activate NF-kB through the tumor necrosis factor receptor (TNFR) pathway in both neurons and microglia cells. By interacting with TNFR, AB triggers the recruitment and activation of TNFR-associated factor (TRAF) proteins, particularly TRAF2 and TRAF6. These proteins activate the IKK complex, which includes IKKa, IKKB, and IKKy. The activated IKK complex phosphorylates IkB, leading to its ubiguitination and degradation. The degradation of IkB releases NF-kB, allowing its translocation into the nucleus. In the nucleus, NF-kB forms a transcriptional complex that promotes the transcription of proinflammatory genes. Overall, these pathways highlight how Aβ can initiate NF-κB activation in both microglia cells and neurons, leading to the expression of proinflammatory genes and contributing to the inflammatory processes observed in AD [252, 253]

of APP [254]. This process contributes to the formation of amyloid plaques. Additionally, Aβ peptides can stimulate NF- $\kappa$ B activation, further exacerbating AD pathology [255]. Notably, Aβ40 peptide activates NF- $\kappa$ B and induces the expression of pro-apoptotic genes, while also promoting the accumulation of Aβ42 aggregates [256]. Aβ (25–35) peptide causes neuronal toxicity through oxidative stress and is accompanied by increased NF- $\kappa$ B signaling [257]. Understanding the role of NF- $\kappa$ B in AD is crucial for developing potential therapeutic interventions, including NF- $\kappa$ B inhibitors.

# Aβ and tau protein

In AD, the accumulation of A $\beta$  plaques and the formation of NFTs composed of abnormal tau protein are two key pathological features. A $\beta$  accumulation is believed to initiate a cascade of events that lead to tau pathology [258]. A $\beta$  can promote the hyperphosphorylation of tau, disrupt the stability of microtubules, induce oxidative stress and inflammation, and impair synaptic function [259].

Indeed, studies have demonstrated that incubating neurons with a concentration of 5  $\mu$ M A $\beta$  can activate the p38 MAPK signaling pathway, resulting in the hyperphosphorylation of tau protein [260–262]. This activation of p38 MAPK disrupts the normal function of tau, leading to the formation of NFTs and instability of microtubules. The specific mechanisms by which A $\beta$  activates the p38 MAPK pathway and induces tau hyperphosphorylation are still being investigated. It is believed that  $A\beta$  can trigger intracellular signaling events, potentially involving receptors or oxidative stress, which culminate in the activation of p38 MAPK. Once activated, p38 MAPK can directly phosphorylate tau or activate downstream kinases that contribute to tau hyperphosphorylation. This abnormal phosphorylation of tau impairs its ability to bind to microtubules, leading to their destabilization and subsequent disruption of neuronal structure and function [41, 263].

These processes contribute to the aggregation of tau into NFTs, which further disrupt neuronal function and contribute to cognitive decline. Additionally, tau pathology can spread throughout the brain, propagating the disease process from one region to another [264]. The interaction between A $\beta$  and tau appears to have synergistic effects, exacerbating neuronal dysfunction and neurodegeneration in AD [265]. Understanding the relationship between these two pathological features is crucial for developing effective treatments for AD.

# Aβ and APOE ε4 allele

Most importantly, the presence of the APOE  $\varepsilon$ 4 allele, a genetic variant associated with AD, is a significant risk factor for both late-onset and early-onset forms of the disease [266]. Individuals carrying the APOE  $\varepsilon$ 4 allele

may experience earlier cognitive decline, even before the age of 60, compared to non-carriers [267]. Of note, homozygosity for the APOE ɛ4 allele further increases the risk of developing AD [268]. APOE £4 influences various brain signaling pathways involved in lipid transport, synaptic function, glucose metabolism, and cerebrovascular health [269]. The APOE  $\varepsilon$ 4 allele is associated with increased accumulation of A $\beta$  plaques, neurotoxic A $\beta$ species, and intraneuronal AB accumulation. It also correlates with higher cerebral AB deposition as detected by neuroimaging and cerebrospinal fluid biomarkers. The impact of APOE £4 on AD risk and progression is likely mediated through its effects on  $A\beta$  metabolism. Age-related changes and interactions between APOE £4 and metabolic processes further exacerbate Aβ-related pathology [270]. Understanding the role of APOE  $\varepsilon$ 4 and its interaction with age and AB accumulation is important for developing predictive models and potential therapeutic strategies for AD.

The APOE genotype has a profound impact on  $A\beta$  deposition in both humans and animal models. Specifically, individuals with an APOE  $\varepsilon 4$  allele exhibit a strong association with increased levels of  $A\beta$ , including the toxic oligomeric form detected in post-mortem AD brains [271, 272]. Moreover, throughout the progression of the disease, APOE  $\varepsilon 4$  exacerbates intra-neuronal  $A\beta$  deposition [273], plaque formation [274, 275], and the development of cerebral amyloid angiopathy within the cerebrovasculature [276, 277]. Brain  $A\beta$  metabolism is differentially influenced by ApoE isoforms [278], and when combined with amyloid mouse models, the presence of apoE4 intensifies the severity of  $A\beta$  deposition compared to apoE2 or apoE3 [279–281].

One primary mechanism is impaired A $\beta$  clearance, as APOE  $\epsilon$ 4 is less efficient in lipid transport and has reduced affinity for receptors like LRP1 and SORL1, leading to decreased A $\beta$  removal from the brain. APOE  $\epsilon$ 4 also promotes A $\beta$  aggregation by enhancing fibril formation and influences APP processing, increasing the production of the aggregation-prone A $\beta$ 42 isoform [282, 283].

Neuroinflammation is another critical pathway, with APOE  $\varepsilon$ 4 associated with increased activation of microglia and astrocytes, leading to the release of pro-inflammatory cytokines and ROS, contributing to neurotoxicity and further A $\beta$  accumulation [284, 285]. Additionally, APOE  $\varepsilon$ 4 is linked to BBB dysfunction, allowing more peripheral A $\beta$  and inflammatory factors to enter the brain [286, 287]. Mitochondrial dysfunction and oxidative stress are further exacerbated by APOE  $\varepsilon$ 4, leading to reduced ATP production and increased ROS, which damage cellular components. This isoform also disrupts synaptic function by promoting the accumulation of toxic A $\beta$  oligomers, leading to cognitive decline [288, 289].

# Aβ and BACE1

In mouse models, the absence of the BACE1 protein, known as  $\beta$ -secretase, completely eliminates  $\beta$ -secretase activity in the brain and cultured neurons [290, 291]. In contrast, mice overexpressing a mutated form of the APP gene associated with AD produce high levels of brain A $\beta$ and develop A $\beta$  plaques. By breeding BACE1-deficient mice with the APP-overexpressing mice, it was found that the resulting mice lacking BACE1 lacked all forms of brain A $\beta$ , APPs $\beta$ , and C99, proving that BACE1 is the primary  $\beta$ -secretase required for A $\beta$  generation in the brain [291, 292]. These findings highlight the crucial role of BACE1 in the production of A $\beta$  and provide insights into the mechanisms underlying AD.

Recent studies have shown that BACE1 deficiency and the ablation of A $\beta$  can rescue memory deficits in Tg2576 mice, a type of AD brain [293]. The study revealed that BACE1-/-•Tg2576 bigenic mice, which lack Aβ, did not exhibit memory deficits or cholinergic dysfunction in the hippocampus. In contrast, Aβ-overproducing Tg2576 monogenic mice displayed pronounced deficits in memory function [294]. These findings strongly support BACE1 as a promising therapeutic target for AD and provide direct evidence for the amyloid hypothesis in living organisms. In aged APP/PS1 double transgenic mice, which show accelerated  $A\beta$  accumulation and memory deficits associated with AD, the deletion of BACE1 completely eliminates the deposition of amyloid plaques and prevents deficits in spatial reference memory [295–298]. Research using BACE1 knockout mice has shown impairments in emotional and cognitive processes, which may indicate mechanism-based toxicities from total BACE1 inhibition [293, 294, 297].

BACE1 is a critical enzyme for the generation of A $\beta$ , implying that A $\beta$  may have regular physiological functions related to memory, neuronal function, and potentially potassium channel expression regulation [293]. Disrupting A $\beta$  production is associated with impaired memory performance [299, 300]. However, BACE1 deficiency does not uniformly affect all types of learning associated with the hippocampus, indicating that A $\beta$ 's role in cognitive function and its normal physiological function in vivo require further research [293].

Developing BACE1 inhibitors to completely suppress its enzymatic activity in vivo may pose challenges. However, a study by Singer et al. demonstrated that partial reduction of BACE1 through RNA interference improved amyloid pathology and cognitive deficits in APP Tg mice, suggesting that even moderate inhibition of BACE1 could be therapeutically beneficial. These findings shed light on the potential of targeting BACE1 activity as a treatment strategy for AD, emphasizing the importance of exploring approaches that modulate BACE1 levels or activity rather than complete inhibition [301]. Moreover, BACE1 knockout mice exhibit normal spatial memory function, suggesting that complete inhibition of BACE1 may not impact learning abilities. However, the dosage of BACE1 affects the burden of A $\beta$  plaques, particularly in young animals, indicating that BACE1 plays a role in A $\beta$  production. These findings emphasize the complex relationship between BACE1, A $\beta$  burden, and cognitive function, highlighting the need for further research to understand the precise role of BACE1 in AD [294].

Nonetheless, a study revealed that in older mice, decreasing BACE1 levels did not affect the burden of A $\beta$  plaques, indicating that BACE1 is not a limiting factor in aged mice. Additionally, older mice with a 50% reduction in BACE1 levels, specifically in the APPswe; PS1 $\Delta$ E9 model, showed significant impairment in the Morris water maze, indicating that partial BACE1 suppression alone is insufficient to improve cognitive deficits in aged mice. The age-dependent effects of partially suppressing BACE1 expression seem to be complex, potentially influenced by different forms of the APP [294, 302].

### Aβ and receptors

Soluble oligomeric forms of A $\beta$  have been found to interact with a range of receptors, including lipids, proteoglycans, and specific proteins present on the surface of neuronal cells. Several receptors associated with A $\beta$ toxicity have been identified, such as the A $\beta$ -binding p75 neurotrophin receptor (P75NRT), the LRP, cellular PrPc, metabotropic glutamate receptors (mGluR5),  $\alpha$  subunit containing nicotinic acetylcholine receptor ( $\alpha$ 7nAChR), NMDAR,  $\beta$ -adrenergic receptor ( $\beta$ -AR), erythropoietinproducing hepatoma cell line receptor (EphR), and paired immunoglobulin-like receptor B (PirB). These receptors play a role in mediating the toxic effects of A $\beta$  and contribute to the pathogenesis of AD [303].

The interactions between  $A\beta$  and these receptors are believed to generate and transmit neurotoxic signals within neurons, leading to cellular defects such as mitochondrial dysfunction and activation of the endoplasmic reticulum stress response. These cellular defects contribute to the progressive neurodegeneration observed in AD. Furthermore, some of these A $\beta$  receptors are likely to internalize A $\beta$  peptides into neurons, leading to the manifestation of distinct cellular defects. This internalization process may contribute to the spread and propagation of A $\beta$  pathology within the brain [304, 305].

On the whole, the extracellular accumulation of  $A\beta$  in neuritic plaques and its binding to various receptors are key features of AD. The interaction between  $A\beta$  and these receptors can trigger neurotoxic signals, resulting in cellular defects and contributing to the progression of the disease. Understanding these  $A\beta$ /receptor interactions is important for unraveling the underlying mechanisms of AD's pathology and developing potential therapeutic

**Table 1** List the receptors in AD that are impacted by  $A\beta$ 

Receptor	Function	Results in AD	Ref
Aβ-binding p75 neurotrophin receptor (P75NTR)	In AD, Aβ activates P75NTR, triggering signaling pathways promoting neuronal death.	Contributes to pro- gressive neurode- generation in AD.	[306– 308]
Low-density lipoprotein receptor- related protein (LRP)	lts dysfunction leads to Aβ accumulation.	Impaired Aβ clear- ance contributes to plaque formation in AD.	[309, 310]
Cellular prion protein (PrPc)	Interaction with Aβ in AD contributes to neurotoxic effects and possible aggregation.	Role in Aβ-induced cellular events and possible aggregation.	[150, 311]
Metabotropic glutamate receptor 5 (mGluR5)	Aβ-mGluR5 interaction disrupts synaptic func- tion, contributing to cognitive deficits.	Disruption leads to synaptic dysfunc- tion and cognitive deficits.	[150, 312, 313]
α7 subunit- containing nicotinic acetyl- choline recep- tor (α7nAChR)	Aβ-α7nAChR interac- tion disrupts cho- linergic signaling, contributing to cogni- tive deficits.	Disruption impairs cholinergic signal- ing and cognitive functions.	[314]
N-methyl- D-aspartic acid receptor (NMDAR)	Aβ-NMDAR interaction disrupts function, lead- ing to impaired plastic- ity and synaptic loss.	Dysfunction con- tributes to synaptic loss and cognitive decline.	[315, 316]
β-adrenergic receptor (β-AR)	Aβ-β-AR interaction triggers neurotoxic signals within neurons.	Contributes to cellu- lar dysfunction and neuronal signaling issues.	[155, 317]
Erythropoietin- producing hepatoma cell line receptor (EphR)	Aβ-EphR interaction disrupts synaptic func- tion and connectivity.	Leads to impaired synaptic func- tion and neuronal connectivity.	[318– 320]
Paired immu- noglobulin-like receptor B (PirB)	Aβ-PirB interaction disrupts normal function, impacting synaptic plasticity and connectivity.	Results in disrupted synaptic plastic- ity and neuronal connectivity.	[321]

interventions. Table 1 shows summarize receptors affected by  $A\beta$  in AD.

# **Prospective and conclusion**

AD poses a significant challenge in the field of neuroscience, primarily due to the complex nature of its progression, which involves various interconnected factors. A key aspect of understanding AD lies in comprehending how A $\beta$  is metabolized and cleared in the brain. Researchers are extensively exploring the molecular mechanisms governing A $\beta$  production, aggregation, and clearance in order to gain crucial insights into the underlying processes. Advanced imaging techniques, proteomics, and genetic studies are indispensable tools that provide deeper insights into A $\beta$  accumulation and pave the way for the identification of novel therapeutic targets and strategies aimed at modulating its metabolism and enhancing its clearance.

The pursuit of potential treatments for AD revolves around innovative approaches targeting AB. Promising avenues include monoclonal antibodies, small molecules, and gene therapies, which aim to either reduce A $\beta$  production or enhance its clearance from the brain. These strategies hold immense potential in combatting Aβ accumulation and its detrimental effects, offering the possibility of altering the course of the disease. Furthermore, researchers acknowledge the complexity of AD and the need to address multiple pathological processes simultaneously. Combination therapies that target various aspects of AD pathology, beyond AB alone, represent a compelling approach. By concurrently addressing neuroinflammation, abnormalities in tau proteins, synaptic dysfunction, and  $A\beta$ , these combination therapies offer a more comprehensive approach to mitigating AD progression. In addition, longitudinal studies that observe individuals over extended periods are pivotal in shaping our understanding of AD progression and treatment responses. These studies provide invaluable insights into the dynamic nature of the disease, informing the refinement of treatment strategies and enhancing the effectiveness of personalized medicine approaches.

In the realm of AD studies, it is crucial to acknowledge that A $\beta$  plays a dual role and that comprehensive investigations must encompass other aspects related to A $\beta$  as well as the broader factors contributing to AD development. While A $\beta$  is strongly associated with AD and its accumulation is a characteristic feature, its precise role and impact on disease progression remain complex and multifaceted. AD is a multifactorial disease influenced by neuroinflammation, tau pathology, synaptic dysfunction, vascular factors, genetic predispositions, and lifestyle factors, among others. Understanding the intricate interplay between A $\beta$  and these various factors is vital for a holistic understanding of AD pathogenesis and for identifying novel therapeutic targets and strategies.

# Abbreviations

AD	Alzheimer's disease
Αβ	amyloid-beta
NFTs	neurofibrillary tangles
APP	amyloid precursor protein
sAPPα	soluble α-APP fragments
AICD	amyloid precursor protein intracellular domain
TACE	tumor necrosis factor-converting enzyme
BACE	beta-Site APP Cleaving enzyme
NSCs	neural stem cells
PI-3K	phosphatidylinositol 3-kinase
LTP	long-term potentiation
BBB	blood brain barrier
IDE	insulin-degrading enzyme
PER	paramagnetic electron resonance
DMT1	divalent metal transporter 1
LTD	long-term depression

PrP	prion protein
TREM2	triggering receptor expressed on myeloid cells 2
NF-ĸB	nuclear factor-кВ
TLRs	Toll-like receptors

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#### Data availability

All data is within the paper.

### Declarations

#### **Consent for publication**

Not applicable.

#### Competing Interests

There are no conflicting interests to be stated.

#### Ethical approval and consent to Participate

There was no need for this research because it was a review and no participants participated in it.

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